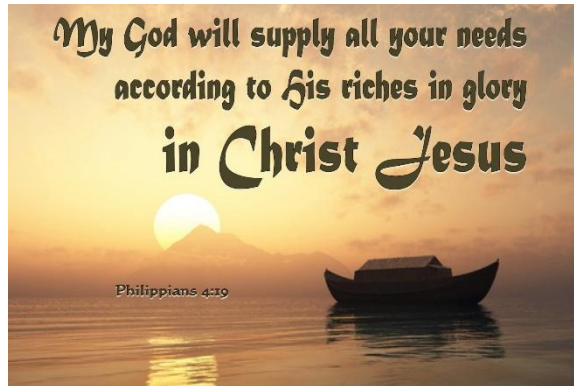


## Non-Negotiable #2 – The Narrow Path, Part 5

### THE SWEET TRUTH

The sweet truth of life in the Kingdom of God is that the primal need that shapes our hopes and dreams in life can be met in our restored relationship with the Father through the Son. We were created with an inescapable need for fellowship with the One in Whose image we are created, without which we will always have an emptiness. A God-shaped hole. A cavity that must be filled with some-thing.



Our adversary the liar and thief of hell, offers his options but they cannot truly fulfill the deep needs that come with being human. It's like trying to quench thirst with salt water and that's a non-negotiable. There is one God but there are many gods, and the devil, the prince of the power of the air (Ephesians 2:2) and ruler of this world (John 12:31), is one. He empowers things of this world like money, sex and power with a god-like capacity to trick us into thinking they can meet our deepest need. They can't, but God can and that truth is embedded in the foundations of creation.

### WAS JESUS EVER SICK?

One really sweet thing that I'm beginning to understand is how our physical health can follow the health of our soul and spirit. I'm sure that Jesus never had to "call in sick," and it wasn't because He was God. He was also fully man with the limits and vulnerabilities of humanity, but by His choices He was perfectly aligned in body, soul and spirit with God's design for humans - and we can be increasingly so!

Our bodies were designed to be healthy. We have an immune system that fights off sickness, and resources to heal ourselves, but we compromise them with our chemical-laden food, and refined sugar and processed (and GMO?) ingredients, along with gluttony, obesity and couch-potato lifestyles. And then we overload our internal healing systems with the stresses of personal insecurity, grief, fear, worry, fleshly anger and unforgiveness in our souls (mind/will/emotions) and wonder why we have so much sickness in our bodies!

Our health is significantly the result of our choices, and godliness contributes much to it. Next: "By His stripes we are healed."

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April 30, 2026